

Protect Students' Health

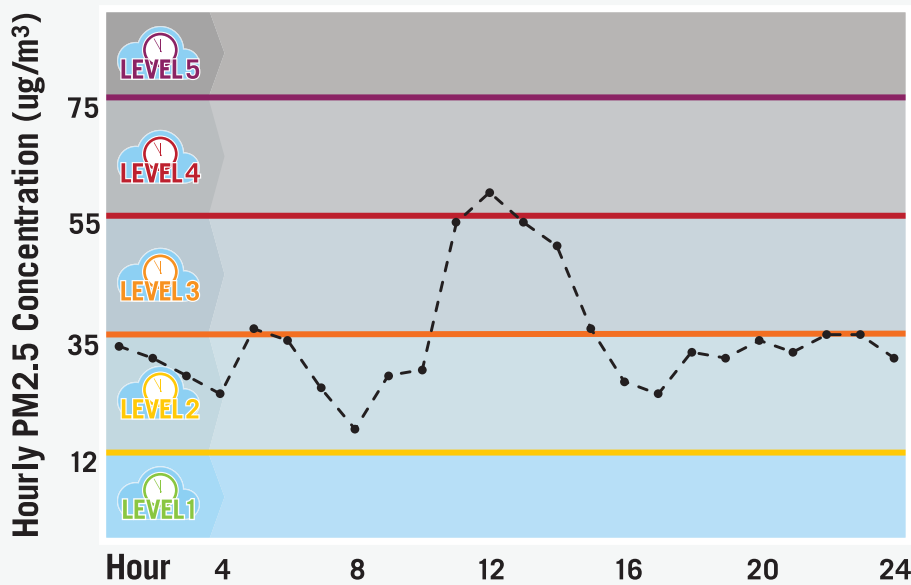
With these free Healthy Air Living tools!



Real-Time Air Advisory Network

Actual, real-time air quality data taken directly from the nearest air monitor to help you evaluate air quality and determine the best time for outdoor activities.

RAAN also provides Real-Time Outdoor Activity Risk (ROAR) guidelines based on five different air quality levels.



*Sample 24-hour PM2.5 data from a RAAN monitor

Air Quality Level	One Hour Activity Recommendation
LEVEL 1 Good	No restrictions.
LEVEL 2 Moderate	Sensitive individuals should consider reducing prolonged and/or vigorous outdoor activities.
LEVEL 3 Unhealthy for Sensitive Groups	Sensitive individuals should exercise indoors or avoid vigorous outdoor activities.
LEVEL 4 Unhealthy	Sensitive individuals should exercise indoors. Everyone should avoid prolonged or vigorous outdoor activities.
LEVEL 5 Hazardous	Everyone should avoid outdoor activity.

*For complete ROAR guidelines, visit www.valleyair.org/RAAN



TURN OFF YOUR ENGINE

NO Idling

Idling vehicles create harmful pollution:

- › Pollution from idling vehicles affects students' health.
- › Idling for more than 1 or 2 minutes produces more pollution than turning off the engine and restarting it.
- › Almost half of students who are driven to school in private vehicles live within one mile of the campus.

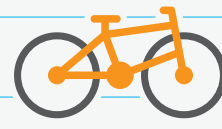
The message is simple:

While waiting for your child, please turn off your engine.

Alternatives to driving children to school:



Walk



Carpool

Roll



Find us on Facebook and Twitter, search "Valley Air"

A program of the San Joaquin Valley Air Pollution Control District
559.230.6000 | www.valleyair.org | public.education@valleyair.org

